ALCOHOL AND DRUG ABUSE
HEALTHY BEHAVIORS REWARDS PROGRAM

We received your Promise Form for the Healthy Behaviors Rewards Program for Alcohol and Drug Abuse. You are already on your way to better health.

You earned your rewards. Each point is worth $1.00. You earned 5 points so far. We added $5.00 to your Rewards Account. In this package, we are sending a mail order list and envelope. The rewards you order will be mailed to you. You will not have to pay for delivery.

<table>
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<tr>
<th>✓</th>
<th>Levels</th>
<th>You sent us these forms</th>
<th>Points = $</th>
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<td>✓</td>
<td>Promise</td>
<td>Promise Form</td>
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<td></td>
<td>Level 1</td>
<td>Present your 1 Day Sobriety Chip from AA/NA program</td>
<td>9</td>
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<td>Level 2</td>
<td>Present your 30 Day Sobriety Chip from AA/NA program</td>
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<td>Level 3</td>
<td>Present your 90 Day Sobriety Chip from AA/NA program</td>
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<td>Level 4</td>
<td>Present your 180 Day Sobriety Chip from AA/NA program</td>
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<td></td>
<td>Level 5</td>
<td>Present your 365 Day Sobriety Chip from AA/NA program</td>
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Each time you finish a level, more points will be added to your Rewards Account. You still have 45 more points to earn.

In this package:
* Rewards Mail Order List and Envelope
* Program description
* Levels 1, 2, 3 Rewards Request forms to help you continue earning your rewards. Each form has details about how to meet the goal.
* Stamped, addressed return envelopes for each goal met form.

Using the Rewards Request form is as easy as 1, 2, 3

1. Read what you need to do to get to the next level, starting with Level 1. You have to do one level at a time. Call us if you have any questions.
2. Fill out the Rewards Request form.
3. Sign and date the Rewards Request form. Remember that your doctor needs to sign the form too. Return the form in the stamped envelope. Please sign and mail each Rewards Request form as soon as you finish so you don’t forget. Sending it is FREE!

For more ideas about alcohol and drug abuse, go to the Simply Healthcare Plans web site and click on the Healthy Behaviors link: http://www.simplyhealthcareplans.com

Healthy Behaviors, Simply Healthcare Plans
9250 W Flagler Street, Suite 600, Miami, FL 33174-3460
Do you have questions? Phone 1-800-887-6888 Fax: 1-855-329-5289
E-mail: HealthyBehaviors@simplyhealthcareplans.com

This information is available for free in other languages. Please call our Member Services Department at 1-800-887-6888. TTY users should call 711 Florida Relay for assistance in reaching our Member Services Department. Our office hours are 8:00 a.m. to 7:00 p.m., Monday to Friday.
ALCOHOL AND DRUG ABUSE
HEALTHY BEHAVIORS REWARDS PROGRAM

If you have alcohol or substance abuse issues and you’re ready to quit, we will help and support you through our Alcohol and Drug Abuse Healthy Behaviors Rewards Program.

YES I want to become alcohol and drug free. How do I start?

It’s as easy as 1, 2, 3, 4
① Fill out the Promise Form and check boxes to show that you plan to follow the program.
② Fill out the section with your name, address, and phone.
③ Make an appointment with your doctor and bring the Promise Form. You and your doctor should sign and date the form.
④ Use the stamped envelope with our address and send us your form. It’s FREE!

What rewards can I get?

You earn reward points when you reach each goal level. One point is worth $1.00. You will get a rewards list that you can use to buy things you want by mail order. You will not be charged for stamps from your points. New points will be added as you get to higher levels. You can earn up to 50 points.

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<tr>
<th>Level</th>
<th>What You Need to Do</th>
<th>Points</th>
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<tr>
<td>Entry</td>
<td>Send us your signed Promise Form</td>
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<tr>
<td>Level 1</td>
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<td>Present your 30 Day Sobriety Chip from AA/NA program</td>
<td>9</td>
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<tr>
<td>Level 3</td>
<td>Present your 90 Day Sobriety Chip from AA/NA program</td>
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<td>Level 4</td>
<td>Present your 180 Day Sobriety Chip from AA/NA program</td>
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<tr>
<td>Level 5</td>
<td>Present your 365 Day Sobriety Chip from AA/NA program</td>
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WHAT TO DO? How do I get my rewards?

Each time you reach a level you will fill out and send us the Rewards Request form for that level. Once you earn points they are there for you to use any time you want for up to 1 year after you finish the Healthy Behaviors Rewards Program.

How do I get help with this program?

Call the Healthy Behaviors Rewards Program at 1-800-887-6888
or E-mail to HealthyBehaviors@simplyhealthcareplans.com
Rewards Request Form Level 1
Alcohol and Drug Abuse
Healthy Behaviors Rewards Program

YES

I kept my promise. I made it to Level 1

Tell us what you did to get to Level 1.
To get to Level 1, I kept my promise to stay sober for 1 day and go to an AA or NA meeting and get
my one day chip.

Show us what you did to get to Level 1.
✓ Check the boxes below to show that you made it to Level 1. Don't forget to have your case
manager sign also.

- I stayed sober for 1 day.
- I signed this form and asked my case manager to sign also.
- I will mail this form with both signatures in the stamped envelope with the health plan address.

We don’t want to lose you, so please tell us again how to contact you.

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I kept my promise.

Sign your name [REQUIRED] ➔ The date today ➔

Your case manager needs to sign too.

Case manager signature [REQUIRED] ➔ The date today ➔

We sent you an envelope that you can use to return this form.
The postage is paid. Just drop it in the mailbox.

Our address is Healthy Behaviors, Simply Healthcare Plans,
9250 W Flagler Street, Suite 600, Miami, FL 33174-3460

Do you have questions? Phone 1-800-887-6888 Fax 1-855-329-5289
E-mail: HealthyBehaviors@simplyhealthcareplans.com
Rewards Request Form Level 2
Alcohol and Drug Abuse
Healthy Behaviors Rewards Program

I kept my promise. I made it to Level 2

Tell us what you did to get to Level 2.
To get to Level 2, I kept my promise to stay sober for 30 days and go to the AA or NA meetings and get my 30 day chip.

Show us what you did to get to Level 2.
✓ Check the boxes below to show that you made it to Level 2. Don’t forget to have your case manager sign also.

- I stayed sober for 30 days.
- I signed this form and asked my case manager to sign also.
- I will mail this form with both signatures in the stamped envelope with the health plan address.

We don’t want to lose you, so please tell us again how to contact you.

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I kept my promise.

Sign your name [REQUIRED] ➔ The date today ➔

Your case manager needs to sign too.

Case manager signature [REQUIRED] ➔ The date today ➔

We sent you an envelope that you can use to return this form. The postage is paid. Just drop it in the mailbox.

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Rewards Request Form Level 3
Alcohol and Drug Abuse
Healthy Behaviors Rewards Program

I kept my promise. **I made it to Level 3**

**Tell us what you did to get to Level 3.**
To get to Level 3, I kept my promise to stay sober for 90 days and go to the AA or NA meetings and get my 90 day chip.

**Show us what you did to get to Level 3.**
✓ Check the boxes below to show that you made it to Level 3. **Don’t forget** to have your case manager sign also.

- I stayed sober for 90 days.
- I signed this form and asked my case manager to sign also.
- I will mail this form with both signatures in the stamped envelope with the health plan address.

**We don’t want to lose you, so please tell us again how to contact you.**

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I kept my promise.

Sign your name **[REQUIRED]** ➔

Your case manager needs to sign too.

Case manager signature **[REQUIRED]** ➔

The date today ➔

We sent you an envelope that you can use to return this form.
The postage is paid. Just drop it in the mailbox.

Our address is Healthy Behaviors, Simply Healthcare Plans, 9250 W Flagler Street, Suite 600, Miami, FL 33174-3460

Do you have questions? Phone 1-800-887-6888 Fax 1-855-329-5289
E-mail: HealthyBehaviors@simplyhealthcareplans.com
I kept my promise. I made it to Level 4

Tell us what you did to get to Level 4.
To get to Level 4, I kept my promise to stay sober for 180 days and go to the AA or NA meetings and get my 180 day chip.

Show us what you did to get to Level 4.
✓ Check the boxes below to show that you made it to Level 4. **Don't forget** to have your case manager sign also.

- I stayed sober for 180 days.
- I signed this form and asked my case manager to sign also.
- I will mail this form with both signatures in the stamped envelope with the health plan address.

We don't want to lose you, so please tell us again how to contact you.

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I kept my promise.

Sign your name [REQUIRED] ➔ The date today ➔

Your case manager needs to sign too.

Case manager signature [REQUIRED] ➔ The date today ➔

We sent you an envelope that you can use to **return this form**.
The postage is paid. Just drop it in the mailbox.

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**Do you have questions?** Phone 1-800-887-6888 Fax 1-855-329-5289 E-mail: HealthyBehaviors@simplyhealthcareplans.com
Rewards Request Form Level 5
Alcohol and Drug Abuse
Healthy Behaviors Rewards Program

I kept my promise. **I made it to Level 5**

Tell us what you did to get to Level 5.
To get to Level 5, I kept my promise to stay sober for 365 days and go to the AA or NA meetings and get my 365 day chip.

Show us what you did to get to Level 5.
✓ Check the boxes below to show that you made it to Level 5. **Don't forget** to have your case manager sign also.

- [ ] I stayed sober for 365 days.
- [ ] I signed this form and asked my case manager to sign also.
- [ ] I will mail this form with both signatures in the stamped envelope with the health plan address.

We don’t want to lose you, so please tell us again how to contact you.

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<td>Zip Code</td>
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I kept my promise.

Sign your name [REQUIRED] ➔ The date today ➔

Your case manager needs to sign too.

Case manager signature [REQUIRED] ➔ The date today ➔

We sent you an envelope that you can use to **return this form**.
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