

Summary of Benefits

for **Simply More (HMO)**

Available in: Polk County

Plan year: January 1, 2018 – December 31, 2018

In this section, you'll learn about some of the benefits and services we cover and other important details to help you choose the right Medicare Advantage plan for you. While the Summary of Benefits do not list every service, limit or exclusion, the *Evidence of Coverage* does. Just give us a call and request a copy.

Have questions? Here's how to reach us and our hours of operation:

- If you **are not** a member of this plan, please call us toll-free **1-888-577-0212** (TTY: **711**), and follow the instructions to be connected to a representative.
- If you **are** a member of this plan, please call us toll-free at **1-877-577-0115** (TTY: **711**). From October 1 to February 14, we are open seven days a week from 8:00 a.m. - 8:00 p.m. ET. Beginning February 15 to September 30, we are open Monday through Friday, 8:00 a.m. - 8:00 p.m. ET.
- You can learn more about us on our website at **www.mysimplymedicare.com**.

What you should know about our plan

Simply More (HMO) is a Medicare Advantage and prescription drug plan. It includes hospital, medical and prescription drug benefits in one plan. To join this plan, you must:

- Be entitled to Medicare Part A,
- Enrolled in Medicare Part B, and
- Live in our service area (see below).

Our service area includes: Polk

With this plan, you must use doctors and facilities in our plan. If you use a doctor or facility not in our plan, we may not cover the services.

You can find a doctor in our plan online.

Go to **www.mysimplymedicare.com** and choose *Find a Doctor or Pharmacy*.



What do we cover?

- Like all Medicare health plans, we cover everything that Original Medicare covers — Part A (hospital services) and Part B (medical services), plus more. For some of these benefits, you may pay more in our plan than you would in Original Medicare. For others, you may pay less (see benefits section for more details).
- Medicare Part D drugs and Part B drugs (such as chemotherapy and some drugs administered by your provider).
- To see if your prescription drugs are covered, you can view our *Formulary* (list of covered Part D prescription drugs) and any restrictions on our website at www.mysimplymedicare.com.

What are my drug costs?

Our plan groups each drug into “tiers.” The amount you pay depends on the drug’s tier and what stage of the benefit you have reached (refer to **The four stages of coverage**).

How to find out what your covered drugs will cost:

- Step 1:** Find your drug on the *Formulary*.
- Step 2:** Identify the drug tier.
- Step 3:** Go to the *Summary of 2018 prescription drug coverage* section in this guide to match the tier.



Can I use any pharmacy to fill my covered prescriptions?



To get the best savings on your covered Part D drugs, you must generally use a pharmacy in our plan. You may get your covered drugs from pharmacies not in our plan only when you are unable to get your prescription drugs from a pharmacy that is in our plan.

To find a pharmacy in our plan, see our online *Pharmacy Directory* on our website at www.mysimplymedicare.com.

How can I learn more about Medicare?



If you're still a little unclear about what Medicare is and how it works, refer to your current *Medicare & You* handbook. If you do not have a copy, you can view it online at www.medicare.gov or call Medicare for a copy at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users can call 1-877-486-2048.

If you want to compare our plan with other Medicare health plans, call and ask the other plans for a copy of their Summary of Benefits booklets.

Now that you are familiar with how Medicare works and some of the benefits included in our plan, it's time to consider the type of plan you may need. On the following pages, you can review more about our plan benefits to help you choose the right plan for you.





Summary of 2018 medical benefits



Medicare coverage that goes beyond original Medicare

Our plans provide even more benefits than you get with Original Medicare. Make sure to check out the extra health benefits available to you in the *More Benefits* section toward the back of this guide.

Be in the know

Before you continue, here are some important things to know as you review our plan options:

- Services with a ¹ may require prior authorization (pre-approval).
- Services with a ² may require a referral from your doctor or Primary Care Physician (PCP).

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How much is my premium (monthly payment)?

\$0.00 per month

You must continue to pay your Medicare Part B premium.

How much is my deductible?

This plan does not have a medical deductible.

Is there a limit on how much I will pay for my covered medical services? (does not include Part D drugs)

\$3,400 per year from doctors and facilities in our plan.

Like all Medicare health plans, our plan protects you by having yearly limits on your out-of-pocket costs for medical and hospital care.

Your limit for services you get from doctors or facilities in our plan, goes toward the yearly limit. If you reach the limit on out-of-pocket costs, you will not have to pay any out-of-pocket costs for the rest of the year. This applies to covered, Part A and Part B services (in our plan).

You will still need to pay your monthly payment (if you have one) and cost-sharing for your Part D prescription drugs.

Inpatient Hospital^{1,2}

Facilities in our plan:

- Days 1 - 5: \$60 per day / Days 6 - 90: \$0 per day

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Inpatient Hospital^{1,2} - continued

Our plan covers an unlimited number of days for an inpatient hospital stay.

Your copays for inpatient benefits are based on benefit periods. A benefit period starts on the first day you go into a hospital or skilled nursing facility (SNF) and ends when you haven't had any inpatient hospital care or skilled nursing care for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period starts. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods you can have.

Outpatient Hospital^{1,2}

Doctors and facilities in our plan: \$0.00 - \$100.00 copay

What you will pay depends on the service and where you are treated. Please refer to the *Evidence of Coverage* for additional information.

Doctor's Office Visits²

Primary care physician (PCP) visit:

PCPs in our plan: \$0.00 copay

Specialist visit:

Doctors in our plan: \$10.00 copay

Preventive Care Screenings

Preventive care screenings:

Doctors in our plan: \$0.00 copay

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Preventive Care Screenings - continued

Covered Preventive care screenings:

- Abdominal aortic aneurysm screening
- Alcohol misuse counseling
- Annual “wellness” visit
- Bone mass measurement
- Breast cancer screening (mammogram)
- Cardiovascular disease (behavioral therapy)
- Cardiovascular screening
- Cervical and vaginal cancer screening
- Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy)
- Depression screening
- Diabetes prevention program
- Diabetes screenings and monitoring
- HIV screening
- Lung cancer screenings
- Medical nutrition therapy services
- Obesity screenings and counseling
- Prostate cancer screenings (PSA)
- Sexually transmitted infections screenings and counseling
- Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)
- Vaccines, including flu shots, hepatitis B shots, pneumococcal shots
- “Welcome to Medicare” preventive visit (one-time)

Any extra preventive services approved by Medicare during the contract year will be covered. When you use doctors in this plan, 100% of the cost of preventive care screenings are covered.

Emergency Care

\$65.00 copay

Outside the U.S., this plan may cover emergency care, urgent care and ground transportation up to a \$50,000 limit. If the cost of the service is more than \$50,000, you will have to pay the difference.

If you are admitted to the hospital within 24 hours, you do not have to pay your share of the cost for emergency care.

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Urgently Needed Services

\$0.00 copay

Diagnostic Radiology Services (such as MRIs, CT scans)^{1,2}

Doctors and facilities in our plan: \$0.00 - \$100.00 copay

What you pay for these services may vary based on where you are treated.

Diagnostic Tests and Procedures^{1,2}

Doctors and facilities in our plan: \$0.00 - \$50.00 copay

What you pay for these services may vary based on where you are treated.

Lab Services^{1,2}

Doctors and facilities in our plan: \$0.00 copay

Outpatient X-rays^{1,2}

Doctors and facilities in our plan: \$0.00 - \$50.00 copay

What you pay for these services may vary based on where you are treated.

Therapeutic Radiology Services (such as radiation treatment for cancer)^{1,2}

Doctors and facilities in our plan: \$0.00 - \$50.00 copay

What you pay for these services may vary based on where you are treated.

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Hearing Services¹

Medicare-covered hearing services

(Exam to diagnose and treat hearing and balance issues):

Doctors in our plan: \$0.00 copay

Routine hearing services:

This plan covers 1 routine hearing exam(s) and hearing aid fitting/evaluation(s) every year. \$1,500.00 maximum plan benefit for hearing aids every year.

Doctors in our plan: \$0.00 copay for routine hearing exam(s). \$0.00 copay for hearing aids.

Hearing benefits are offered through Hear USA . Please call member services for more details.

Dental Services¹

Medicare-covered dental services (this does not include services for care, treatment, filling, removal or replacement of teeth):

Doctors and dentists in our plan: \$0.00 copay

Preventive dental services:

This plan covers: 2 Exams, 2 Prophylaxis cleanings, 2 Series of bitewing films, and 1 Panoramic film every year.

Dentists in our plan: \$0.00 copay

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Dental Services¹ - continued

Comprehensive dental services:

This plan covers up to: 2 Amalgam or resin fillings, 1 crown per tooth every five years, up to 6 simple or surgical extractions per year (in 1 or more visits), 1 set of complete or partial dentures every five years, 1 denture adjustment/reline every year, and 1 periodontal scaling/root planing per each quadrant every three years. Medically necessary surgical procedures including analgesia.

Doctors and dentists in our plan: \$0.00 copay

Dental benefits are offered through DentaQuest. Please call member services for more details.

Vision Services¹

Medicare-covered vision services:

Exam to diagnose and treat diseases and conditions of the eye

Doctors in our plan: \$0.00 copay

Eyeglasses or contact lenses after cataract surgery

Doctors in our plan: \$0.00 copay

Routine vision services:

Routine vision exam

This plan covers 1 routine eye exam(s) every year.

Doctors in our plan: \$0.00 copay

Simply More (HMO)

Vision Services¹ - continued

Routine eye wear (lenses and frames)

This plan covers up to \$300.00 for eyeglasses or contact lenses every year.

Doctors in our plan: \$0.00 copay

Vision benefits are offered through Premier Eye Care. Please call member services for more details.

Mental Health Care

Inpatient visit:^{1,2}

Doctors and facilities in our plan: Days 1-5: \$60 per day/ Days 6-90: \$0 per day

Our plan has a lifetime limit of 190 days for inpatient mental health care in a psychiatric hospital. This limit does not apply to inpatient mental health services provided in a general hospital.

The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period begins the day you're admitted as an inpatient and ends when you haven't received any inpatient care (or skilled care in a SNF) for 60 days in a row. If you go into a hospital or a SNF after one benefit period has ended, a new benefit period begins. You must pay the inpatient hospital deductible for each benefit period. There's no limit to the number of benefit periods.

Our plan covers 90 days for an inpatient hospital stay.

Our plan also covers 60 "lifetime reserve days." These are "extra" days that we cover. If your hospital stay is longer than 90 days, you can use these extra days. But once you have used up these extra 60 days, your inpatient hospital coverage will be limited to 90 days.

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Mental Health Care - continued

Outpatient psychiatric individual and group therapy services:^{1,2}

Doctors and facilities in our plan: \$20.00 copay

Skilled Nursing Facility (SNF)^{1,2}

Doctors and facilities in our plan: SNF: Days 1 - 20: \$0 per day / Days 21 - 100: \$40 per day

Our plan covers up to 100 days in a Skilled Nursing Facility (SNF).

Your copays for SNF benefits are based on benefit periods. A benefit period starts on the first day you go into a hospital or SNF and ends when you haven't had any inpatient hospital care or skilled nursing care for 60 days in a row. If you go into a SNF after one benefit period has ended, a new benefit period starts. There's no limit to the number of benefit periods you can have.

Physical Therapy^{1,2}

Doctors and facilities in our plan: \$15.00 copay

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Ambulance¹

Ground/Water Ambulance:

Emergency transportation services in our plan: \$100.00 copay per trip

Air Ambulance:

Emergency transportation services in our plan: \$100.00 copay per trip

If you are admitted to the hospital, you do not have to pay for your share of the cost for the ambulance service.

Transportation

Transportation services in our plan: \$0.00 copay. This plan offers coverage for 24, one-way, routine transportation services every year.

Routine transportation coverage is limited to plan-approved locations (within the local service area) provided by our contracted vendor, TMS. If you need a ride, call member services at least 72 hours ahead of time.

Medicare Part B Drugs¹

Other Part B Drugs:

Drugs in our plan: 0% - 20% coinsurance

Chemotherapy drugs:

Drugs in our plan: 20% coinsurance

More benefits and ways we support your health



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Chiropractic Care

Medicare-covered chiropractic services:

Providers in our plan: \$0.00 copay

Medicare coverage includes manipulation of the spine to correct a subluxation (when one or more of the bones of your spine move out of position).

Routine chiropractic services:

Providers in our plan: \$0.00 copay. This plan covers 6 chiropractic visit(s) every year.

Home Health Care^{1,2}

Doctors and facilities in our plan: \$0.00 copay

Meals Benefit^{1,2}

\$0.00 copay for up to 10 meals following your discharge from the hospital.

Outpatient Substance Abuse^{1,2}

Individual & Group therapy visit:

Doctors and facilities in our plan: \$50.00 copay

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Outpatient Surgery^{1,2}

Ambulatory surgical center:

Doctors and facilities in our plan: \$0.00 copay

Over-the-Counter Items

This plan covers certain approved, non-prescription, over-the-counter drugs and health-related items, up to \$38 every month. Unused OTC amounts do not roll over from month to month. Catalog orders are limited to one per month.

Please visit our website to see a list of covered over-the-counter items.

Renal Dialysis^{1,2}

Doctors and facilities in our plan: 0% - 20% coinsurance

Outpatient Rehabilitation^{1,2}

Cardiac (heart) rehab services (with a limit of two, one-hour sessions per day and a maximum of 36 sessions within a 36-week period):

Doctors and facilities in our plan: \$0.00 copay

Pulmonary (lung) rehab services (with a limit of two, one-hour sessions per day and a maximum of 36 sessions):

Doctors and facilities in our plan: \$0.00 copay

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Outpatient Rehabilitation^{1,2} - continued

Occupational therapy visit:

Doctors and facilities in our plan: \$15.00 copay

Foot Care (podiatry services)

Medicare-covered podiatry:

Doctors in our plan: \$0.00 copay

Foot exams and treatment are covered if you have diabetes-related nerve damage and/or meet certain conditions.

Routine foot care:

Doctors in our plan: \$0.00 copay

This plan covers: 12 routine foot care visit(s) every year.

Medical Equipment/Supplies¹

Durable Medical Equipment (wheelchairs, oxygen, etc.)

Suppliers in our plan: 0% - 20% coinsurance depending on the equipment.

Medical supplies and prosthetic devices (braces, artificial limbs, etc.)

Suppliers in our plan: 20% coinsurance

Diabetic supplies and services:¹

Suppliers in our plan: \$0.00 copay

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Personal Emergency Response System (PERS) coverage^{1,2}

\$0.00 copay

Includes the monitoring device and monitoring service. To start and install services, give us a call. We can help you. Please refer to the *Evidence of Coverage* for additional information.

Enhanced Drug Coverage

Our plan offers additional coverage of some prescription drugs not normally covered in a Medicare prescription drug plan. Covered drugs include:

- Some drugs used for the relief of cough and cold symptoms.
- Some prescription vitamins, such as folic acid and Vitamin D 50000 IU.
- Some erectile dysfunction drugs, like Viagra® or Cialis®, limit 4 tablets per month.

Please refer to your **Tier 1: Preferred Generic** copay later in this Summary of Benefits for how much you will pay.

Your plans *Formulary* includes additional information about all drugs covered under this benefit.

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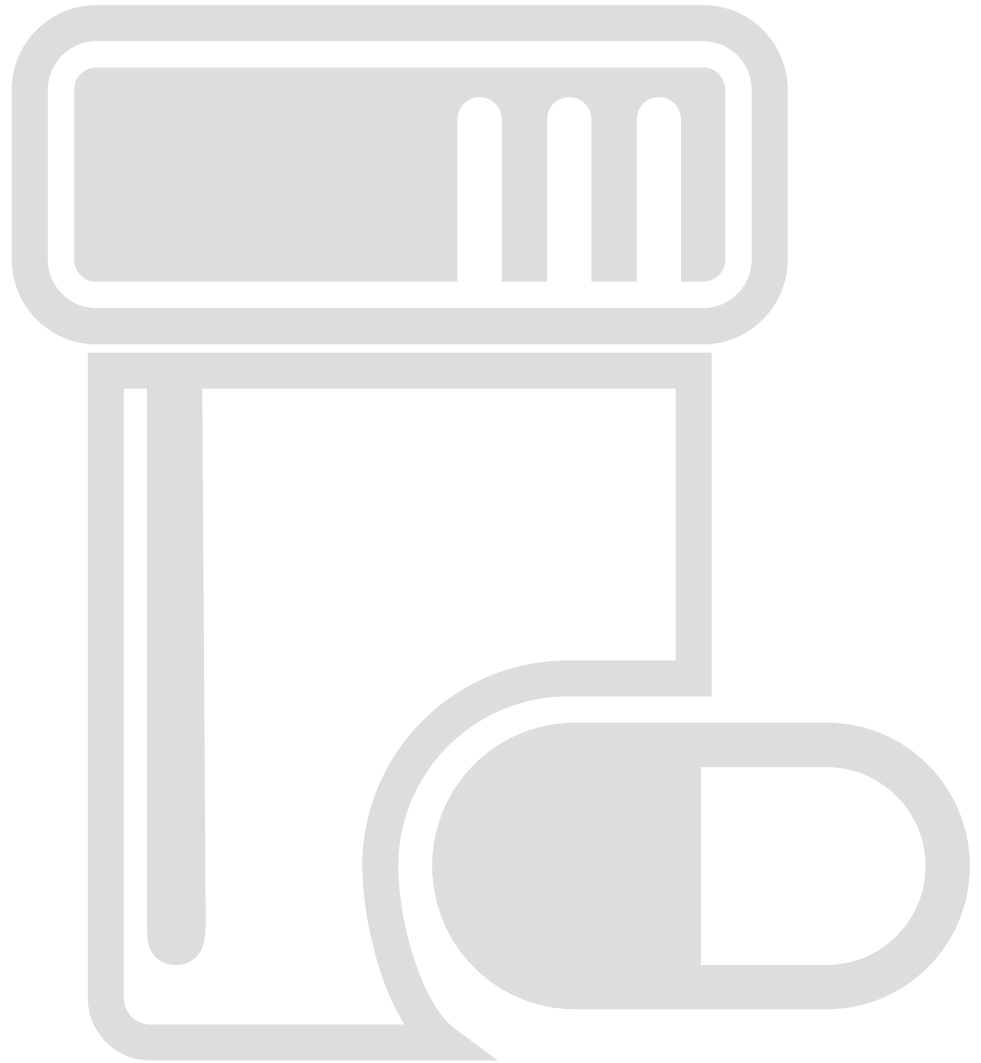
SilverSneakers®* Fitness program

\$0.00 copay

When you become our member, you can sign up for SilverSneakers. It's included in our plan. To learn more details, go to www.silversneakers.com or call Simply member services at **1-877-577-0115** (TTY: 711), From October 1 to February 14, we are open seven days a week from 8:00 a.m. - 8:00 p.m. ET. Beginning February 15 to September 30, we are open Monday through Friday, 8:00 a.m. - 8:00 p.m. ET..

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Summary of 2018 prescription drug coverage







Know where to go:

Once you become a member of our plan, Chapters 5 and 6 of your *Evidence of Coverage* include lots of important details about your pharmacy benefit.

The four stages of drug coverage



What you pay for your covered drugs depends, in part, on which coverage stage you are in.

 Stage 1 Deductible	 Stage 2 Initial Coverage	 Stage 3 Coverage Gap	 Stage 4 Catastrophic Coverage
If you have a deductible, you will pay 100% of your drug cost until you meet your deductible. (If you have no deductible, or if a specific drug tier does not apply to the deductible, you will skip to Stage 2.)	You will pay a copay or a percentage of the cost, and your plan pays the rest for your covered drugs.	In this stage, you pay a greater share of the costs. It begins after you and your plan have paid a certain amount on covered drugs during Stages 1 and 2 (this can vary by plan). See Stage 2: Initial Coverage below for the exact amount. After you enter the coverage gap, you pay 35% of the plan's cost for covered brand-name drugs and 44% of the plan's cost for covered generic drugs until your costs total \$5,000 . Some plans have extra coverage. See the Coverage Gap section for more details.	In this stage, after your yearly out-of-pocket drug costs (including drugs purchased through mail order and your retail pharmacy) reach \$5,000 , you pay the greater of: <ul style="list-style-type: none"> • 5% of the cost, or • \$3.35 copay for generic (including brand-name drugs treated as generic) and an \$8.35 copay for all other drugs.

Which coverage stage am I in?
 You will get an **Explanation of Benefits (EOB)** each month you fill a prescription. It will show which coverage stage you're in and how close you are to entering the next one.

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How much do I pay for Part D drugs?

Stage 1: Deductible

This plan does not have a deductible

Stage 2: Initial Coverage

After you pay your yearly deductible (if your plan has one), you pay the amount listed in the table on the following pages, until your total yearly drug costs reach \$3,750. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.

You may get your covered drugs at retail pharmacies and mail-order pharmacies in our plan.

Generally, you may get your covered drugs from pharmacies not in our plan only when you are unable to get your prescription drugs from a pharmacy that is in our plan.

If you live in a long-term care facility, you pay the same as at a standard retail pharmacy.

Stage 2: Initial Coverage

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Standard Retail Cost Sharing	One-month supply	Three-month supply
Tier 1: Preferred Generic	\$0.00	\$0.00
Tier 2: Generic	\$0.00	\$0.00
Tier 3: Preferred Brand	\$15.00	\$45.00
Tier 4: Nonpreferred Brand	\$55.00	Not available for a long-term supply
Tier 5: Specialty Tier	33%	Not available for a long-term supply

Standard Mail Order Cost Sharing	One-month supply	Three-month supply
Tier 1: Preferred Generic	\$0.00	\$0.00
Tier 2: Generic	\$0.00	\$0.00
Tier 3: Preferred Brand	\$15.00	\$45.00
Tier 4: Nonpreferred Brand	\$55.00	Not available for a long-term supply
Tier 5: Specialty Tier	33%	Not available for a long-term supply

Stage 3: Coverage Gap

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After you enter the coverage gap, you pay 35% of the plan's cost for covered brand name drugs and 44% of the plan's cost for covered generic drugs until your costs total \$5,000, which is the end of the coverage gap. Not everyone will enter the coverage gap.

To learn more about your extra gap coverage, see the following chart to find out how much you will pay for your covered drugs

Standard Retail Cost Sharing	One-month supply	Three-month supply
Tier 1: Preferred Generic Covered Drugs: All	\$0.00	\$0.00
Tier 2: Generic Covered Drugs: All	\$0.00	\$0.00

Standard Mail Order Cost Sharing	One-month supply	Three-month supply
Tier 1: Preferred Generic Covered Drugs: All	\$0.00	\$0.00
Tier 2: Generic Covered Drugs: All	\$0.00	\$0.00

Stage 4: Catastrophic Coverage

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After your yearly out-of-pocket drug costs (including drugs purchased through mail order and your retail pharmacy) reach \$5,000, you pay the greater of:

- 5% of the cost, or
 - \$3.35 copay for generic (including brand name drugs treated as generic) and an \$8.35 copay for all other drugs.
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ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call **1-877-577-0115** (TTY: **711**). Our office hours are from 8 a.m. to 8 p.m., seven days a week, October 1 to February 14 (except holidays); 8 a.m. to 8 p.m., Monday – Friday, February 15 to September 30 (except holidays).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-577-0115** (TTY: **711**), de 8 a. m. a 8 p. m., los 7 días de la semana (excepto los días feriados) desde el 1° de octubre hasta el 14 de febrero, y de 8 a. m. a 8 p. m., de lunes a viernes (excepto los días feriados) del 15 de febrero hasta el 30 de septiembre.

This information is not a complete description of benefits. Contact the plan for more information.

Limitations, copayments, and restrictions may apply.

Benefits, premiums and/or copayments/coinsurance may change on January 1 of each year.

The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

Simply Healthcare Plans, Inc. is a Medicare-contracted coordinated care plan that has a Medicaid contract with the State of Florida Agency for Health Care Administration to provide benefits or arrange for benefits to be provided to enrollees. Enrollment in Simply Healthcare Plans, Inc. depends on contract renewal.